

Education

B.A. | May 2020 | Virginia Polytechnic Institute and State University

- Major: Political Science, National Security Option
- Minor: Leadership and Social Change

GPA: 3.4

Relevant Coursework

- PSCI 3175 Global Development
- PHS 4054 Concepts in One Health
- PSCI 4034 Topics in Diplomacy Lab
- PSCI 3115 Selected World Problems
- PSCI 4024 Seminar in Diplomacy and Security
- PSCI 2024 Research Methods

Experience

#HappyPeriod | Research Intern | May - August 2019 | Los Angeles, CA

- Collected information on Menstrual Health Management within the United States
- Created research proposal and beginning steps of creating a mobile hygiene unit
- Google Ad proposal experience
- Survey creation for data collection

Federal Deposit Insurance Corporation | Student Intern | Division of Resolutions and Receivership, Government Public Relations, | June - August 2018 | Arlington, VA

- Formulating internal policy under the supervision of my manager
- Summer 2017 quarterly newsletter editor and writer
- Budgetary data entry and comprehensive data analysis on expected retirement rates

Kids Play International | Research Assistant | November 2017 | Gataagara, Rwanda

- Taught children in a post conflict country which attend a summer program to promote gender equity through sports and open group discussion
- Survey creation and data collection for their women's health program, Menstrual Hygiene Management (MHM)

Fondazione Marcegaglia Onlus | Teacher & Research Assistant | November 2017 | Rilima, Rwanda

- Taught children basic coding techniques as part of the Rwanda Millennium Development Goals
- Survey creation, data collection, and potential solutions facing the families benefiting from the Three Goat Per Family Initiative

Virginia Tech Recreational Sports | Intramural Referee | September 2018- | Blacksburg, VA

- Referee and Umpire for flag football, basketball, and slow pitch softball
- Leadership and developing management skills

ACCOMPLISHMENTS

Deans List Fall 2017, Fall & Spring 2018, Spring 2019, Fall 2019; Most Improved Referee, Flag Football 2019; Featured on LaCroix's Instagram 2019

GALLUP SKILL FINDER:

Input, Restorative, Adaptability, Individualization, Empathy

MEMBERSHIPS

American Public Health Association

Changing Health, Attitudes, + Action to Recreate Girls (CHAARG)

Young Democrats